

RDA North Midlands Region
Regional Training for Coaches

POSITION, POSITION, POSITION

When:

WEDNESDAY 24TH AUGUST 2022

10.30 AM – 2.30 PM

Where:

KESTEVEN RIDEABILITY

Hough on the hill, Lincs NG32 2BE

Trainers:

Jennie Wilkinson BSc (Hons) Physiotherapy

Lesley Davies RDAC

Karen Thompson RDASC

A in depth look at the position of the rider in walk, trot and canter

AM: Position of the therapeutic rider and use of the simulator

PM: Position of the rider in trot and making the first steps in canter

Open to all level of coaches

Numbers restricted to 20. £10 per person

Tea & Coffee will be provided. Please bring your own lunch.

Book before 17th August 2022

For further information email as above or phone 07732 418848

Booking Form

Name:	
Group:	
Contact Details:	

Please send booking form along with a cheque made out to North Midlands RDA to:

Karen Thompson

34 Ninth Avenue

Grantham

Lincs NG31 9TF

A provisional booking will be accepted via email: karen@kestevenrda.org.uk but your place will not be guaranteed until this form with a cheque is received.